

## Announcing the Morrison Healthcare RCNM and Clinician of the Year 2012 Awards Recipients



### **RCNM of the Year**

#### **Wendy Phillips**

*Director of Nutrition Systems, University of Virginia Health System*

- Published in the CNM DPG Newsletter "Future Dimensions"
- Actively served on the Virginia Dietetic Association Advisory Board as a CMS Workgroup Chairperson
- Planned and hosted the Spring Clinical Symposia (Adult and Pediatric) for the Warren Region with 2 other region RCNMs
- Spoke at both symposia on "Joint Commission Core Measures"
- Served as an expert reference for local health blogs and tv news for partnership with the Local Food Hub for sustainable food sources
- Presented posters at both VA Dietetic Association and FNCE on the "Cost Benefit Analysis of an Enteral Formulary System"
- Member of the State Policy team for the Virginia Dietetic Association and was chosen to speak on behalf of VA's RD Licensure Bill in front of the House of Delegates January 2012.
- Developed a formal mentoring program at UVA with three successful mentoring pairs in 2012
- Member of the 2012 Meridian Project Readiness leadership development program.



### **Clinician of the Year**

#### **Sunitha Zechariah**

*Clinical Nutrition Manager, University Hospital*

- President-Elect for her local district dietetic association
- Third term abstract reviewer for ASPEN
- Presented on a Morrison Continuing Education webinar, among a series of other presentations within her region locally and within the local district association.
- Poster presentation at her State association meeting as well as at FNCE
- Certified Nutrition Support Clinician
- Regional Clinical Nutrition Manager for the Scranton Region.

**The winners will receive a \$1000 stipend toward professional development and continuing education.**

# Compass Celebrates at FNCE

Compass Group Dietitians were celebrated during FNCE at Maggiano's Little Italy in Philadelphia. The evening was hosted by Peggy O'Neill, Vice President of Nutrition & Wellness for Morrison Healthcare. From Flik to TouchPoint, most Compass sectors were represented. Tim Pierce, President of Morrison Health Care and Kevin Svagdis, President of Morrison Senior Living shared the tremendous respect they have for the work of Registered Dietitians. Morrison Healthcare and Senior Living presented their RCNM and Clinician of the Year Awards. One of the most entertaining moments of the evening was provided by Tim Pierce. In his own "David Letterman's Top 10" style, he provided his "Top 10 Ways You Know You Are With a Dietitian."



## Ways You Know You Are With a Dietitian

10. When the conversation begins with "I made a list of 10 items that I wanted to talk to you about" and the document that is submitted is color-coded, alphabetized and referenced.
9. Because you never miss a meal and you always eat on a timely schedule: 3 balanced meals a day, plus 2 nutritious snacks.
8. Because people around a dietitian begin a conversation by "confessing" what they ate for lunch.
7. When reviewing numbers or ANY figures, a calculator suddenly appears out of nowhere.
6. At a Super Bowl game, your dietitian host is dumping the dip into the trash can within 2 hours because it is now "in the DANGER ZONE".
5. Because they can solve anything with food... for example they will usually suggest that blueberries, avocados, olive oil or spinach can "fix it".
4. Because when you order a Philly Cheese Steak on a white hoagie bun with extra cheese...EVEN while you are in Philly, you get a nodding look of disapproval.
3. Because all conversations eventually make mention of someone's digestive habits or bowel movements.
2. When eating out at ANY restaurant with ANY dietitian, you can anticipate the ordering process taking at least 10 minutes, involving a highly detailed conversation with the server...and it will include at least one special order and 4 items served "on the side".
1. And the #1 reason you know you are with a Dietitian is because you are at a work-related meeting on the WEEKEND... they are the only group of professionals that don't want to miss work for their Annual Conference.

### Questions?

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